

**ANXIETY OF HOLDEN CAULFIELD IN “THE CATCHER IN THE RYE”
NOVEL (1951):
A PSYCHOANALYTIC STUDY
RESEARCH PAPER**



**Submitted as a Partial Fulfillment of Requirement for Getting Bachelor Degree
of Education in Department of English Education in English Department**

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2021**

APPROVAL

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Accepted by the Board of Examiner of English Education

Faculty of Teacher Training and Education

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On, October 2021

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TESTIMONY

Herewith, I testify that in this research paper there is no plagiarism of the previous literary work which has been raised to obtain bachelor degrees of university, nor there are options or masterpiece which have been written or published by others, except those in which the writing are referred manuscript and mentioned in the literary review and bibliography.

Hence, later, if it is proven that there are some untrue statements in this testimony, I will hold fully responsible.

Surakarta, 13 October 2021

The Researcher,

A handwritten signature in black ink, appearing to read 'Mutiara', with a stylized flourish at the end.

Mutiara Hanif Saputri

MOTTO

Every one of you has a little “I want to save the world” inside you, that’s why you go to college, but it’s okay if you can only save one person and it’s okay if that person is you.

(Unknown Professor from the internet)

DEDICATION

This research paper is dedicated for:

- Myself who has been going through all the ups and downs in her life yet still remains strong.
- My beloved parents for their hard work and effort in helping and teaching me the importance of being resilient during life and during the process of constructing this research.

ACKNOWLEDGEMENT

Assalamu'alaikum Wr. Wb.

Alhamdulillahirabbil'alamin, the researcher expresses his highest gratitude to Allah subhanahu wa ta'ala for blessing, love, opportunity, health, and mercy to complete this research paper, entitled "Anxiety of Holden Caulfield in "The Catcher in the Rye" (1951): A Psychoanalytic Study". Moreover, the writer wants to say her appreciation to some people who give contribution in finishing this research paper.

1. Prof. Dr. Utama, M.Pd., Dean of School of Teacher Training and Education of Muhammadiyah University of Surakarta who has given the legalization towards her research paper.
2. Titis Setyabudi, S. S., M. A., the Head of English Department.
3. Dr. Phil. Dewi Chandraningrum, M. Ed., the consultant who has patiently guided the researcher in arranging this work, provided time for consultation, and gave the researcher nice suggestion.
4. The first examiner, Dr. M. Thoyibi, M.S, who has given a great chance and easiness for the researcher to get through this one of the most important steps in her life.
5. The second examiner, Dr. Abdillah Nugroho, who has given a great chance and easiness for the researcher to get through this one of the most important steps in her life.
6. All the lecturers of English Department for giving knowledge to the researcher.
7. Her beloved Father and Mother, Mr. Agus Fatuh Widoyo, M. SI. and Mrs. Fatholah, S. Ag., for teaching the researcher about resilience and independence.
8. Her dearest person, Gunawan Priambada, A. Md., who has helped through the process of completing the research paper.

9. Her friends; Tiara, Jessica, Cosantika, Abiet, Tessa, Sintia, Adit, and others that cannot be mentioned who has helped through conducting the research paper.

10. Her cats; Cimul and Cimol who always stay by her side to provide support while sleeping, eating, and playing with hair ties.

Surakarta, 31 October 2021

The Researcher

A handwritten signature in black ink, appearing to read 'Mutiara', with a stylized flourish underneath.

Mutiara Hanif Saputri

ABSTRAK

Studi ini berfokus pada kecemasan Holden Caulfield yang berusia enam belas tahun sebagai karakter utama novel "The Catcher in the Rye" dengan menganalisis pola perilakunya, latar belakang cerita, dan hubungannya dengan almarhum saudara laki-lakinya bernama Allie. Holden memiliki beberapa trauma yang disebutkan dalam novel yang memunculkan kemungkinan bahwa kondisi mentalnya terpengaruh oleh trauma yang dialaminya. Peneliti menggunakan metode kualitatif dalam melakukan penelitian ini dengan mengambil data primer dari novel "The Catcher in the Rye" yang ditulis oleh J.D. Salinger pada tahun 1951 dan data sekunder dari sumber lain seperti buku dan sumber online. Tujuan dari penelitian ini adalah untuk menganalisis pola perilakunya, latar belakang cerita, dan hubungannya dengan almarhum saudaranya yang bernama Al-lie.

Kata kunci: Kecemasan, Trauma, Remaja, Kondisi Mental

ABSTRACT

This study focuses on the anxiety of a sixteen-year-old Holden Caulfield as the main character of the novel "The Catcher in the Rye" by analyzing his behavior pattern, his background story, and his relationship with his deceased brother named Allie. Holden has several traumas mentioned in the novel which sparks possibility that his mental condition is affected by his traumas. The researcher uses qualitative method in conducting this study by taking the primary data from the novel "The Catcher in the Rye" written by J.D. Salinger in 1951 and the secondary data from other resources such as books and online sources. The objective of this study is to analyze his behavior pattern, his background story, and his relationship with his deceased brother named Allie.

Keywords: Anxiety, Trauma, Teenager, Mental condition

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